

***SOARING into Strength* Spotify Playlist**



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Author, *SOARING into Strength: Love Transcends Pain*

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Author's Introduction: Why I Wrote This Book

Song: You Gotta Be, written by Des'ree and Ashley Ingram. Performed by Des'ree.

Chapter One: Big Sister From Hell

Song: Beautiful Boy (Darling Boy), written and performed by John Lennon.

Chapter Two: My Duck is Blind

Song: Bless the Beasts & Children, written by Barry De Vorzon and Perry Botkin, Jr. Performed by The Carpenters.

Chapter Three: The Case of the Disappearing Beagle

Song: When You're Smiling (The Whole World Smiles With You), written by Larry Shay, Mark Fisher, and Joe Goodwin. Performed by Michael Bubl .

Chapter Four: Kill the Bastards: A Brief Season on the Wrestling Team

Song: Eye of the Tiger, written by Frankie Sullivan and Jim Peterik. Performed by Survivor.

Chapter Five: When Funnel Cake was Manna

Song: Up Up and Away in my Beautiful Balloon, written by Jimmy Webb. Performed by the 5th Dimension.

Chapter Six: A Pencil Saves the Day

Song: Beautiful, written by Linda Perry. Performed by Christina Aguilera.

Chapter Seven: First Dance

Song: Forever Young, written by Marion Gold. Performed by Alphaville.

Chapter Eight: I Kissed the Purple Boy

Song: Spread a Little Sunshine, written by Stephen Schwartz for *Pippin*. Performed by Leland Palmer.

Chapter Nine: The Bagel Machine and Other Dangerous Lies

Song: Rainbow Connection, written by Paul Williams and Kenneth Ascher. Performed by the Carpenters.

Chapter Ten: Let the Games Begin

Song: The Greatest Love of All, written by George Benson. Performed by Whitney Houston.

Chapter Eleven: There's No Place Like Home

Song: Home Again, written and performed by Carole King.

Chapter Twelve: Hitting the Slopes, Literally

Song: Bitter with the Sweet, written and performed by Carole King.

Chapter Thirteen: My Brother is a Quaalude

Song: Don't Cry Out Loud, written by Peter Allen and Carole Bayer Sager. Performed by Melissa Manchester.

Chapter Fourteen: How I Met my Beshert on the Dance Floor

Song: Just for Tonight written by Carole Bayer Sager and Marvin Hamlisch for *They're Playing Our Song*. Performed by Lucie Arnaz.

Chapter Fifteen: Bliss is Fleeting

Song: Hello, written and performed by Lionel Richie.

Chapter Sixteen: Big Sister Radar Goes on High Alert

Song: Come in From the Rain, written by Carole Bayer Sager and Melissa Manchester. Performed by Melissa Manchester.

Chapter Seventeen: The Night of Broken Glass

Song: Everybody Hurts, written by Bill Berry, Peter Dinklage, Mike Mills, and Michael Stipe. Performed by R.E.M.

Chapter Eighteen: The Phone Call That Changes Everything

Song: Fire and Rain, written and performed by James Taylor.

Chapter Nineteen: This is Not a Dream

Song: Tears in Heaven, written by Eric Clapton and Will Jennings. Performed by Eric Clapton.

Chapter Twenty: Causing Mr. Goldstein to be Late for His Own Funeral

Song: Seasons of Love, written by Jonathan Larson for *Rent*. Performed by Rosario Dawson, Taye Diggs, Idina Menzel, Jesse L. Martin, Adam Pascal, Tracie Thoms, Adam Rapp, and Wilson Jermaine Heredia.

Chapter Twenty-One: Sitting Shiva and Eating Ten Pounds of Rugale

Song: Always on My Mind, written by Wayne Carson, Johnny Christopher, and Mark James. Performed by Willie Nelson.

Chapter Twenty-Two: Visiting the Sunshine State

Song: Leaving on a Jet Plane, written and performed by John Denver.

Chapter Twenty-Three: My Off-Broadway Debut into the Land of the Living

Song: Corner of the Sky, written by Stephen Schwartz for *Pippin*. Performed by Matthew James Thomas.

Chapter Twenty-Four: Forest Bathing for a Grieving Mother

Song: You've Got a Friend, written and performed by Carole King.

Chapter Twenty-Five: Dad Wins the Stem Cell Lottery

Song: When You Believe, written by Stephen Schwartz for *Prince of Egypt*. Performed by Whitney Houston and Mariah Carey.

Chapter Twenty-Six: The Most Honest Conversations I Ever Had

Song: Hero, written by Mariah Carey and Walter Afanasieff. Performed by Mariah Carey.

Chapter Twenty-Seven: Buy Low, Sell High and Other Corny Antics

Song: You Needed Me, written by Randy Goodrum. Performed by Anne Murray.

Chapter Twenty-Eight: Visiting Day: It's Nice to be Nice—and Hitting the Jackpot is Even Nicer Still.

Song: Both Sides Now, written and performed by Joni Mitchell.

Chapter Twenty-Nine: The Boy Who Blessed the Rabbi

Song: You Are the Sunshine of My Life, written and performed by Stevie Wonder.

Chapter Thirty: What to Do When Your World Stops

Song: Lean On Me, written and performed by Bill Withers.

Chapter Thirty-One: The Miracle Child

Song: Baby Mine, written by Ned Washington and Frank Churchill. Performed by Sharon Rooney.

Chapter Thirty-Two: The Calling on the Beach

Song: I Am That I Am, written and performed by Amir Paiss.

Chapter Thirty-Three: The Healing Power of an Ice-Cream Cone with Sprinkles

Song: You Are My Sunshine, written by Jimmy Davis and Charles Mitchell. Performed by Anne Murray.

Chapter Thirty-Four: Fifteen Brand New Harry Potter Books

Song: I Hope You Dance, written by Mark D. Sanders and Tia Sillers. Performed by Lee Ann Womack.

Chapter Thirty-Five: Sibling Bereavement Support Group From Hell

Song: Ironic, written by Alanis Morissette and Glen Ballard. Performed by Alanis Morissette.

Chapter Thirty-Six: And So You Shall

Song: This is Me!, written by Benj Pasek and Justin Paul for *The Greatest Showman*. Performed by Keala Settle.

Chapter Thirty-Seven: How Soaringwords Was Born or What I did When No One Was Ill or Died

Song: L'Chi Lach, written by Debbie Friedman and Savina Teubal. Performed by Susan Colin.

Chapter Thirty-Eight: Stumbling upon Positive Psychology on the Escalator

Song: Higher Love, written by Steve Winwood and Will Jennings. Performed by Steve Winwood.

Chapter Thirty-Nine: Standing Tall

Song: I Think it's Going to Rain Today, written by Randy Newman. Performed by Bette Midler.

Chapter Forty: Buddha Baby

Song: Lullabye (Goodnight, My Angel), written and performed by Billy Joel.

Chapter Forty-One: Winning the Global Growing With Technology Award

Song: I'm Coming Out, written by Bernard Edwards and Nile Rodgers. Performed by Diana Ross.

Chapter Forty-Two: How Gabby Stole My Heart

Song: Tomorrow, written by Charles Strouse and Martin Charnin for *Annie*. Performed by Charles Strouse, Andrea McArdle, and Peter Howard.

Chapter Forty-Three: Life Shards

Song: From a Distance, written by Julie Gold. Performed by Bette Middler.

Chapter Forty-Four: Macy's Thanksgiving Day Parade Floats and Second Helpings

Song: Hello, Dolly!, written by Jerry Herman for *Hello, Dolly!* Performed by Bette Middler.

Chapter Forty-Five: The Beginning of the End

Song: Bridge Over Troubled Water, written by Paul Simon. Performed by Simon & Garfunkel.

Chapter Forty-Six: A Long Nine Years

Song: Through the Eyes of Love, written by Marvin Hamlisch and Carole Bayer Sager. Performed by Melissa Manchester.

Chapter Forty-Seven: The Surge

Song: Time in a Bottle, written and performed by Jim Croce.

Chapter Forty-Eight A Front-Row Seat to Your Eulogy

Song: Wind Beneath My Wings, written by Jeff Silbar and Larry Henley. Performed by Bette Middler.

Chapter Forty-Nine: Soaring Cardinals and Other Hugs from the Universe

Song: I Can See Clearly Now, written and performed by Johnny Nash.

Chapter Fifty: SOARING Into Strength

Song: For Good, written by Stephen Schwartz. Performed by Idina Menzel and Kristin Chenoweth.